

Revision:5 Date: 04/02/2022

Commercial Name	PSYLLIUM SOSA
English Name	PSYLLIUM
Legal Description	POWDERED PSYLLIUM
Code	58050131(800g)
Code SAP	38987
RGSEAA	40.069089/B

1. DESCRIPTION:

Powdered psyllium.

2. APPLICATIONS:

Natural fiber

Absorbs water creating mucilage, a viscous and transparent gel.

It is used to provide fluffiness in gluten-free doughs such as bread and pastry doughs.

It makes the masses easier to work with and that sticks less on the hands.

It is also used as a substitute for the egg.

Exclusively for food grade.

3. COMPOSITION:

INGREDIENTS	ORIGINS
Psyllium	India

4. DOSAGE RECOMMENDATION:

Dosage: 20-40g / kg mass. Pre-mix with the flour

5. POPULATION OF USE:

At recommended doses, the product is suitable for the whole population and is for human consumption.

Except for allergic people (see table of allergens below).

6. ORGANOLEPTIC PROPERTIES:

Taste and aroma: Characteristic. **Appearance:** Buff-coloured powder.

7. PHYSICAL-CHEMICAL PROPERTIES:

HUMIDITY	<5%
SOLIDS	95%



Revision:5 **Date**: 04/02/2022

8. NUTRITIONAL VALUES approximate by 100g:

ENERGETIC VALUE	776 kJ
ENERGETIC VALUE	193 kcal
FATS	0.2 g
Saturates	0 g
CARBOHYDRATES	2.5 g
Sugars	0 g
PROTEIN	1.4 g
SALT	0.3 g

9. MICROBIOLOGICAL PROPERTIES:

Bacillus cereus(cfu/g)	100
Coagulase positive Staphylococcus(cfu/g)	100
E. coli (cfu/g)	10
Salmonella spp. (cfu/25g)	Absent/25g
Listeria monocytogenes(cfu/25g)	Absent/25g

10. PACKAGING:

Pot of 800g. Cardboard box with 6 units.

	EAN CODES				
PRODUCT CODE	EAN 13 (PRODUCT)	EAN 14 (BOX)	EAN PALLET		
58050131 (800g)	8414933314844	18414933314841	28414933314848		

Non packed in protective atmosphere

11. STORAGE:

Recommended keep at 15-25°C, in a dry place out of light, in original packaging until use and closed.

12. BEST BEFORE:

Use preferably within 24 months from production date.

The specified shelf life can only be guaranteed for this product if the above mentioned recommended storage conditions are respected.

Secondary shelf life

Once opened keep in conditions of ambient temperature (15-25°C):

Secondary shelf life is the same than primary shelf life (before opening), provided that storage conditions are respected.



Revision:5 **Date**: 04/02/2022

13. LIST OF ALLERGENS:

TYPE	Present in the product		Present in the same line of production (traces in the product)		Present in the factory but not in the product because the product is manufactured in a different production room	
	YES	NO	YES	NO	YES	NO
Cereals containing gluten or derivatives (wheat, rye, barley, oats, spelt, kamut or hybrid varieties)		\boxtimes		\boxtimes		
Crustaceans and crustacean based products		\boxtimes		\boxtimes		\boxtimes
Fish and fish based products		\boxtimes		\boxtimes		\boxtimes
Eggs and egg based products		\boxtimes	\boxtimes		\boxtimes	
Peanuts and peanut based products		\boxtimes	\boxtimes		\boxtimes	
Soy and soy based products		\boxtimes	\boxtimes		\boxtimes	
Milk and its derivatives		\boxtimes	\boxtimes		\boxtimes	
Fruits with a shell: almonds, hazelnuts, walnuts, cashew, pecans, pistachios, macadamia nuts		\boxtimes				
Celery and derivatives		\boxtimes			\boxtimes	
Mustard and derivatives		\boxtimes	\boxtimes		\boxtimes	
Sesame seeds and sesame seed based products		\boxtimes	\boxtimes		\boxtimes	
Sulphur dioxide and sulphides in concentrations above 10mg/kg or 10mg/litre expressed as SO ₂ .		\boxtimes			\boxtimes	
Lupine and products thereof		\boxtimes		\boxtimes		\boxtimes
Molluscs and products thereof		\boxtimes		\boxtimes		\boxtimes

14. TRANS FAT FREE STATEMENT:

We, Sosa ingredients, S.L., herewith declare that the product relative to this document has been elaborated without using hydrogenated fats.

15. EU GMO STATEMENT:

After a thorough review of all ingredients used in this product and considering its potential source of genetic modification, Sosa ingredients, S.L., herewith declare that the product relative to this document has been elaborated without using GMO ingredients.



Revision:5 Date: 04/02/2022

16. CERTIFICATES

	YES	NO
HALAL: certified		
HALAL: suitable. - Free from pork and derivatives - Free from poultry - Free from ethanol	\boxtimes	
KOSHER: certified (Pareve/Dairy)		\boxtimes
KOSHER: suitable: - Follows Jewish dietary laws		
BIO: certified		

17. ADDITIONAL INFORMATION:

	YES	NO
VEGETARIANS: These products do not contain any animal products nor processed foods that were treated with animal products (such as bone, etc.) but do contain animal byproducts (such as egg or egg products, milk or milk products, honey, etc.) There is no ruling about this matter; our definition is that they are still accepted as vegan/vegetarian if they contain traces. It is up to the individual to decide if that is acceptable for his or her own purposes.	\boxtimes	
VEGANS: These products do not contain any animal products (meat, fish, shell fish, etc.), nor animal byproducts (such as egg or egg products, milk or milk products, honey, animal-based gelatin, products with pigments derived from insects, etc.), nor processed foods that were treated with animal products (such as bone). There is no ruling about this matter; our definition is that they are still accepted as vegan/vegetarian if they contain traces. It is up to the individual to decide if that is acceptable for his or her own purposes.	\boxtimes	

18. LOCAL INFORMATION APPLICABLE LAW:

The product complies with the following Regulations (EC):

1881/2006 setting maximum levels for certain contaminants in foodstuffs.

396/2005 on maximum residue levels of pesticides in or on food and feed of plant and animal origin and amending Council Directive 91/414/EEC.

231/2012 Laying down specifications for food additives listed in Annexes II and III to Regulation (EC) or No 1333/2008 on food additives of the European Parliament and of the Council.

And its subsequent modifications.

Shall be the duty of the user to check the ingredients and / or doses recommended in this sheet are tailored to local legislation applicable in the country or area of use.



Revision:5 Date: 04/02/2022

19. SECURITY DATA SHEET

Use

This product is for foodstuffs production. For food use only, under no circumstances can be used for inhalation or any other purposes.

Respect the recommended dose described herein, especially for concentrated products.

This product does not have any health or environment hazards under normal use conditions nor in its original form.

First-aid measures

General recommendations:

Remove casualty from the danger zone.

Seek medical advice.

Do not leave the casualty unattended.

Inhalation:

Remove casualty to fresh air and maintain body temperature. If breathing is irregular or respiratory arrest occurs, administer artificial respiration. Do not administer anything by mouth. If unconscious, place in recovery position and seek medical help.

Skin contact:

Remove contaminated clothing and wash skin thoroughly with soap and water or an appropriate skin cleanser. Do not use solvents or diluents.

If irritation persists, seek medical advice.

Eye contact:

Splashes may cause irreversible tissue damage and blindness.

Flush with running water for 15 minutes holding the eye open and seek medical advice.

Remove contact lenses if present and flush as previously mentioned.

If symptoms persist, keep flushing the eyes while being transported to hospital.

Direct ingestion without previous dilution or wrong dose

Keep respiratory tract clear, do not induce vomiting and do not eat any food to counteract the effects. Keep the patient at rest and seek medical advice.

In case of allergy symptoms, seek medical attention.

In cases of doubt or when symptoms of discomfort persist, seek medical attention.

Accidental release

Stop and absorb the leak by using a vacuum cleaner or a wet brush. Do not use a dry brush as they can create airborne dust or electrostatic charges. Do not use forced ventilation.



Revision:5 Date: 04/02/2022

Handling and storage

This product does not require special handling, the following general measures are recommended: do not put pressure to empty the containers, no smoking in the application area, comply with legislation on health and safety at work, keep the product in the original container, keep away from oxidizing agents and strongly alkaline or acidic materials to avoid exothermic reactions.

It should not be handled by children.

The product is stable under recommended handling and storage conditions and does not decompose if used for the intended purposes.

Disposal considerations

Dispose of waste and empty containers are in accordance with current local regulations.

Transport information

Not dangerous.

User is responsible for making common sense decisions.

The information provided on this SDS is designed only as a guide for safe handling, use, processing, storage, transportation disposal and release. The information relates only to the specific material designated and may not be valid for such material used in combination with any other material or in any process. The responsibility lies with the user should take common sense precautions.